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# The Tiverton Senior Center



207 Canonicus Street  
Tiverton, RI 02878  
Telephone: 401-625-6790  
Email: [seniorcenter@tiverton.ri.gov](mailto:seniorcenter@tiverton.ri.gov)



## October 2024

The Center will be closed on Monday, October 14th in observation of Columbus Day



Thursday, October 3rd at 10:15 a.m.  
**Winslow Homer's America**

**Art For Your Mind** is an engaging, educational, art observation experience designed to broaden the minds of its participants. Programs are for people of all backgrounds – artists and non-artists alike. The featured topic, **Winslow Homer's America**, showcases the artist who helped shape America's artistic identity during the 19<sup>th</sup> Century. From his earliest images to his now famous paintings of everyday American life, Homer's work still inspires people today. Join local art historian Jill Sanford for an enjoyable hour of challenging yourself to see in new ways!



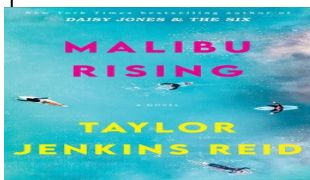
**URI Pharmaceutical Outreach: Thursday, October 10th at 10:15 a.m.**  
**TOPIC: Flu 2025**

Find out what is the up to date information on the 2025 projections of the flu virus, how the vaccine differs this year from previous vaccines and ways to treat the flu and to manage symptoms. Also why it is more important than ever to get your annual flu shot this year!



**OUR TEAM:**

Janet Holmes  
Director



**BOOK GROUP**—featuring Taylor Jenkins Reid's book: "Malibu Rising" **TUESDAY, October 15th at 10:15**  
Large print books available- All are welcome to join this free & fun group

Angela DaPonte  
Assistant Director



**Drum Circle with Sidy Maiga**  
**Fabulous FREE Fun!!**  
**Friday, October 18th at 1:30**  
(paid through Grant)

Betsy Sowin  
Office Assistant

**Paint Along with Kristen—**  
**Monday, October 28th at 1:00**  
**Create an Autumn Masterpiece**  
**\$15 Sign up in Office**



Phil Ferreira  
Manny Fontes  
Maintenance

**Visiting Nurse Home & Hospice**  
**FLU CLINIC~ Thursday October 17th**  
**9:00 a.m. to 11:00 a.m. ~~**  
**sign up in office, supplies limited**



Get your  
Flu  
Shots

Nanci Lambert  
Dining Assistant

**RENEW Your 2025 Membership Early and SAVE \$5.00**

**ACTIVITIES AT A GLANCE**

- TOPS – Monday at 9:00 a.m. in Game Room**
- Learn Ukulele with Otis-Mondays, 12:45-1:45 p.m.**
- Functional Fitness with Deb—Mondays & Wednesdays 9 a.m. and Fridays at 10:00**
- Quilting for Charity meets every Monday at 10:00-3:00 p.m.**
- Pitch League- Hi, Lo, Jack meets Mondays at 12:30-3 p.m.**
- Chair Yoga with Shirley—Tuesdays at 9 a.m. Class fee is \$3 per class.**
- Drums Alive! with Jessica-Tuesdays at 12:45 p.m. Class fee is \$3 per class.**
- Paint with Shawndavid Tuesdays 2:00-3:30 pm \$25 for 6-week session**
- Book Club Tuesday, October 15th: “Malibu Rising” 10:15 a.m.**
- Mah Jongg– Tuesdays and Fridays, 11:00 a.m.-3 p.m**
- Wednesdays: 12:30-3 p.m. Cribbage (Game Rm)**
- Chorus –Wednesdays at 12:30 p.m. in the Lounge**
- Balance & Mobility with Jess-Thursdays at 9:00 a.m. Class fee is \$3/members**
- CENTER MEETING** will be held on **Thursday, October 24th at 10:15 am**
- TECH TIME** with Kristin-Thursday, October 10th at 10 a.m. (monthly)
- BINGO-Thursdays!!! 1:00-3:00 PM Start Promptly at 1:00 p.m.**
- Knitters for Charity-Thursdays at 1:00-3:00 p.m.**
- Zumba with Jessica—Fridays at 8:45 a.m. Fee is \$3.00 per class**



**Thursdays @ 1:00 SHARP  
OCT. 3, 10, 17, 24, 31**

Our next Center Meeting will be Thursday, **October 24th** at 10:15 a.m. All members are invited to attend.

**COME ENJOY OUR OWN PIANO MAN,**



**Sandy Cook—**  
Wednesdays,  
12:30-3:00 p.m.

**TECH TIME with Kristin!—Second Thursday of the month – OCTOBER 10th at 10:00 a.m. Kristin Amaral, Technology Coordinator from the Tiverton Public Library will help with all your technical issues, especially smart phones! .**



**CARE GIVER SUPPORT GROUP**

Care Giver Support Group will meet on **Mondays, October 7th and October 21st**  
2:30 to 3:45p.m.; Facilitator: **Janet Grapentine**



**Visiting Nurse Home & Hospice providing a FLU CLINIC on Thursday October 17th from 9:00—11:00; sign up in the office; limited supplies**

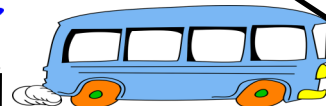
Introducing:  
Crafting on Wednesday afternoons~Create while enjoying live music by Sandy Cook

**Happy Birthday**

**OCTOBER 2024**

- Deborah Lavoie 02
- Bernadette Adams-Rogers 03
- Alice Strebel 03
- Donna Boucher 03
- Peggy Bryan 04
- Mary Waddell 06
- Linda Griffiths 08
- Sue Hamilton 09
- Su Locsin 09
- Joan Ouellette 10
- Carol Figerie 12
- Rachel Elder 12

- Elsie Demenezes 13
- Helga Reynolds 14
- Janet Gagnon 15
- Dayton Burt 15
- Patricia Vital 18
- Bruce Buteau 18
- Ellen Rivers 19
- Richard Cabral 20
- Mary Dunbar 20
- Mary Potter 21
- Paulette Sweeney 22
- Bunny Carroll 27
- MaryAnn Moquin 29
- Patricia Davis 30



**Dan and Kevin** will be temporary bus drivers while Paul recovers from shoulder surgery. Our bus service for Tiverton seniors is on Tuesdays, Wednesdays and Thursdays. (Later start of Thursdays for folks to attend BINGO). Please call 401-625-6790 to reserve your spot. Bus trips are not individualized. Shopping bags are limited to four bags per person.



